December 2023



Mel Hornik, Principal

## Upcoming **Events**

#### DECEMBER



- 1st **Picture Re-Takes** 
  - Start of Christmas Cheer
- 3rd First Day of Advent (Christianity)
- 7th Holiday Concert
- 7-15 Hanukkah (Judaism)
- 8th Awakening Day (Buddhism)
- 12th Last day for Christmas Cheer
- **13th** Birthday of Imam Aga Khan Parents' Night Out event
- 14th Drama Presentations by our Drama Club
- 21st Winter Solice
- **22nd** Last day before Winter Break
- 24th Christmas Eve
- 25th Christmas Day
- 26th Boxing Day

# Leadership Message

It's hard to believe that the festive season is upon us. This is a special time of year when we place extra emphasis to share messages of kindness, caring, respect, and good will. On behalf of our students and staff, we would like to thank our Codrington families for your generosity and thoughtfulness in giving to Christmas Cheer. Our



community will greatly benefit from your generosity and care.

Last month, we had the opportunity to see so many examples of excellence in various areas of student life including academics, character, athletics, citizenship etc. Here at Codrington, we believe that Cardinals are learners in continuous pursuit of excellence – the process of pursuing excellence is just as important as achieving it.

At Codrington, we value our role in our community and the connections and partnerships we enjoy. As always, we want to take every opportunity to celebrate our successes with families, friends, care-givers, and guests to our school.

December is shaping up to be just as busy with a variety of activities and events for our students, parents, families, and members of our school community. Let's celebrate together!

We are better together.

Mel Hornik

# Thank You Mrs. Watton!



Our Mrs. Watton is retiring on December 22nd. Mrs. Watton has been a Cardinal since September 2011. For the past 12 years, she has answered our phone calls, tended our ouchies, listened to our stories and provided us with warmth and encouragement every day. We know how much she will be missed and Mrs. Watton will always be a Cardinal in our hearts. We wish her all the best as she spends time with her grandchildren, golfing, gardening and enjoying some new adventures.

Thank you, Mrs. Watton.

#### Easy to Order School Lunches Are One Click Away



Convenient 24/7 online ordering Secure, easy-to-use system All meals are nut safe, allergy aware & meet nutritional mandates A portion of the proceeds from every order is donated back to your child's school



# CODRINGTON'S LUNCH PROGRAM IS UP AND RUNNING!

We are thrilled to share that our Lunch Program is up and running. Now you can order lunch for your child while also supporting our school.

> Tuesday Twisted Indian Wednesday Quesada Thursday Pizza

Please note that orders must be completed through SchoolCashOnline by Sunday at 12pm for the upcoming week.



# Helpful Information

9:00am	Entry Bell
10:40am—11:20am	1st Nutrition & Outdoor Break
1:00pm—1:40pm	2nd Nutrition & Outdoor Break
3:20pm	Dismissal
Safe Arrival: 705-728-3084 (Press 1)	
Website: <u>http://cod.scdsb.on.ca</u>	

### AYGROUND School Playground Structures Are Closed For The Winter

Every winter, school playground structures are closed. Students are made aware of this during school hours through announcements

and staff reminders during breaks. This may not be well known throughout the community, despite signs indicating that playground structures are a winter hazard and are closed. The Canadian Standards Association regulations make recommendations for the depth of ground cover required to minimize injuries (e.g., sand, pea gravel or wood chips). These surfaces cannot be maintained when the ground freezes. Injuries from falling would be more significant on frozen ground. We strongly recommend that you do not allow your children to play on any structures while the ground is frozen.

## **Grade 1 French Immersion Information**

The Simcoe County District School Board (SCDSB) offers French Immersion (FI) at select schools throughout Simcoe County beginning in Grade 1. The goal of the FI program is to enable students to communicate in French with a high level of proficiency, enabling them to function with ease in both French and English. Upon graduation from the program, students will communicate in French with confidence in a wide variety of real-life situations.

The SCDSB board-wide electronic applications for the Grade 1 Fl program for all sites will open Friday, Dec. 1 at 9 a.m. and close at 4 p.m. on Friday, Dec. 15. Entry into the Fl program is determined through a digitally randomized lottery system. To learn more, visit the SCDSB website: <a href="https://www.scdsb.on.ca/cms/One.aspx?portalld=210982&pageId=12587752">https://www.scdsb.on.ca/cms/One.aspx?portalld=210982&pageId=12587752</a>.

# Inclement Weather And Bus Cancellation Information Reminder



All information regarding cancelled buses in Simcoe County is posted on the Simcoe County Student Transportation Consortium (SCSTC)'s bus information website at <u>www.simcoecountyschoolbus.ca</u>. Our school is in the central zone. When buses are cancelled, schools remain open for student learning, unless otherwise noted. School staff are expected to plan for such emergencies in order to transition students who are unable to attend due to inclement weather, to their online platforms (Google Classroom and/or SCDSBhub [Brightspace by D2L]) and continue with academic programming. It is always a family decision whether or not it is safe for their child(ren) to leave for school under severe weather conditions.

The Consortium and bus operators try to make the decision to cancel school buses before 6 a.m. and make every effort to post announcements before 7 a.m. Inclement weather cancellations are effective for the whole day and buses cancelled in the morning will not run at the end of the day. You can follow the Consortium on Twitter <u>@SCSTC\_SchoolBus</u> for bus cancellations and other information. You can also subscribe to receive bus delay notifications here: <u>https://scstc.ca/Subscriptions/Login.aspx</u>.

# **High School Information Nights**

Is your child starting Grade 9 next year? High school information events will take place in person this winter! Student leaders and staff at the school will give an overview of what's new and what to expect. Learn about courses offered, as well as information about teams and clubs. Please visit the SCDSB website at <u>www.scdsb.on.ca/secondary/planning for high school</u> to find details on your high school's info night, and contact the school directly for more information.

#### Parents' Guide to Assessment, Evaluation and Reporting

Learn to navigate the world of assessment, evaluation, and reporting with this new guide for parents/ guardians. Created to support parents'/guardians' understanding of assessment, this guide was designed to effectively empower you to actively engage in your child's educational journey. The guide has been posted to the Simcoe County District School Board's website and can be accessed at <u>https://tinyurl.com/2urcm2tm</u>.

#### Subscribe to Community Connects!

The Simcoe County District School Board (SCDSB) is excited to launch Community Connects, a new bimonthly newsletter for the SCDSB community. Our shared goal with this new tool is to keep our community partners and stakeholders informed while nurturing relationships that are built on accountability, trust, and transparency.

To learn more and subscribe, visit the Community Connects page on the SCDSB website: <u>https://www.scdsb.on.ca/community/community\_connects</u>.

#### Subscribe to Kindergarten Connections!

Will your child be turning four in 2024? If so, the SCDSB invites you to Kindergarten Connections! This is a monthly enewsletter informing families of everything they need to know about preparing their child for school, as well as registering them for Kindergarten in the SCDSB. To learn more and subscribe, visit the Kindergarten page on the SCDSB website: <a href="http://www.scdsb.on.ca/elementary/planning\_for\_school/kindergarten">www.scdsb.on.ca/elementary/planning\_for\_school/kindergarten</a>.



Once again, Codrington is collecting non-perishable food items and unwrapped toys for the Barrie and District Christmas Cheer Drive. Our halls have been filled with thousands of items each year thanks to our school community that understands how important this drive is to thousands of people in Barrie. We appreciate the generosity and enthusiasm of our Codrington Cardinals—thank you!

If you would like to donate, please send all items to classrooms by Tuesday December 12th. All items are greatly appreciated.

#### EarlyON Child and Family Centres

The foundation for lifelong learning and health is built in the early years. EarlyON Child and Family Centres across Simcoe County offer programs for children prenatal to six years of age and their parents/guardians and caregivers. They offer access to play- and inquiry-based learning supported by *How Does Learning Happen?* Ontario's pedagogy for the early years, information on child development and developmental screening including Early Referral Identification Kits (ERIKs), parent/guardian education, referrals to community resources, nutrition information, and post-natal resources. Check with your local EarlyON provider: <a href="https://linktr.ee/earlyonsimcoe">https://linktr.ee/earlyonsimcoe</a>.



#### How Is Your Infant, Toddler, Or Preschool Child Developing?

Is your child meeting their milestones? Age-appropriate speech and language skills are critical to your child's ability to read, write, and be successful in school as well as to their ability to engage with their peers. Free services are available to support you with your child's development. Preschool speech and language programs are located across the County of Simcoe. Call 705-739-5696 or 1-800-675-1979 to complete a developmental screen. The earlier we

work together the better!

Merry Christmas! Happy Hanukkah! Happy Twanzaa! Happy Solstice!

#### Licensed Winter Break School-Age Child Care Programs

Child care programs for children in Kindergarten to Grade 6 are provided by independent, thirdparty child care operators in some SCDSB schools. To support your child care needs, some operators offer child care on PA days and holidays including over the Winter Break. Registration in advance is required.

Please contact the child care operator directly to discuss fees and to register. More information and contact numbers can be found by visiting: <u>www.scdsb.on.ca/elementary/planning\_for\_school/</u> <u>childcare\_before\_after</u>.

# Programs Available Through the SCDSB's Adult and Continuing Education Learning Centres

The Simcoe County District School Board's Adult and Continuing Education department offers a variety of programming including day school, night school, summer school, correspondence, and co -op. Courses may be online, hybrid, or in-person and are based on sufficient enrollment. For current high school students, we offer travel for credit, summer school, and night school programs. For adults, we offer credit courses towards completion of an Ontario Secondary School Diploma (OSSD) including credits granted for prior learning and experiences (PLAR). In support of many of the adult learners in our communities, we also offer non-credit classes in English as a second language (ESL) and literacy and essential skills (LES) both of which can support learners towards paths of employment, continued education, and citizenship. Please visit us at <u>www.thelearningcentres.com</u> to learn more.

#### **Head Lice Treatment and Prevention**

Anyone can get head lice. Having head lice does not mean a person is unclean or lives in a dirty home. While they are a nuisance, head lice do not spread disease or cause illness. Head lice spreads easily, especially where people are in close contact and are very common among school-aged children or children in childcare.

Head lice spreads through direct hair-to-hair contact or indirectly by sharing hats, combs, hairbrushes, and headphones. To help prevent the spread of head lice, it's important to educate students about avoiding head-to-head contact and discourage sharing combs, hairbrushes, tuques, hats, or hair accessories.

Parents/guardians, caregivers, and families can visit <u>https://www.simcoemuskokahealth.org/Topics/</u> <u>PP2B/RaisingChildren/YourGrowingChild/HeadLice</u> for more information about head lice treatment and prevention. Or call Health Connection at 1-877-721-7520 to speak to a public health nurse.

Information provided by the Simcoe Muskoka District Health Unit



#### Keep Connected With Our School And With The SCDSB

It's important to get accurate information about what's going on at our school and at the SCDSB. Here are some ways to do that: Sign up to receive SCDSB media releases by clicking the 'Subscribe' button at www.scdsb.on.ca.

Follow the SCDSB on Twitter (@SCDSB\_Schools), Facebook (facebook.com/SCDSB) and Instagram (instagram.com/scdsb). For school bus transportation information, visit the Simcoe County Student Transportation Consortium's website at <u>main.simcoecountyschoolbus.ca</u>. Also, remember to bookmark the school bus information page at simcoecountyschoolbus.ca for bus delay

and cancellation information on inclement weather days.

#### Did You Know It's Illegal to Vape or Smoke *Anywhere* on School Property, Inside the School or Outside Within 20m of School Property, 24 Hours a Day, 365 Days a Year?

The law applies to everyone on school property, students, staff, and visitors. It also means it is illegal to vape or smoke on school athletic fields during afterhours activities or vape or smoke in school washrooms. There is a fine of \$305 for vaping or smoking on school property.

But <u>why do youth vape at school?</u> Vapes contain nicotine, which is a highly addictive drug. Nicotine addiction is extremely powerful, develops quickly, and youth may not realize they are addicted. Once addicted, they need nicotine regularly or they will experience withdrawal, making it hard to get through the school day. Help them take back control – there are supports to help youth quit! Talk to your child about vaping, they listen more than you think. Learn more at <u>NotAnExperiment.ca/</u> parents.

# **Reminder About Sledding Safety At School**

Student safety is our first priority, and although we do allow 'crazy carpets' and soft sleds at our school, we do not allow hard sleds, two-person sleds or snow racers. We do supervise sledding and we remind students of safety rules on a regular basis.

We want to inform parents that if students are sledding at school, Ophea recommends that they should wear a properly fitted (as per manufacturer's guidelines) and properly worn CSA-approved hockey helmet or snow sport helmet certified by a recognized safety standards association.

Please note that we have a class set of crazy carpets that may be used for Daily Physical Activity (DPA) or physical education classes. If you have any questions, please contact the school.

# Is Bedtime Stressing You Out?

Kids need 10-12 hours of sleep every night but sometimes getting them to bed can be challenging. You can help create a regular sleep schedule for your child by setting a clear bedtime and sticking to the same time every night. Start getting ready an hour before bed; turn off the TV, computers, and phones. Spend quality time talking or reading stories to help them unwind. Agree on how many you'll read before you start! Keep their room dark, cool, and quiet - a nightlight is fine. Remember, making sure your child gets enough rest will help improve their mood, behaviour, and ability to learn.

For more bedtime tips, contact Health Connection at 705-721-7520 or 1-877-721-7520 to speak with a public health nurse. Visit <u>www.simcoemuskokahealth.org</u> for more information.

Information provided by the Simcoe Muskoka District Health Unit

# Math @Home Parent and Caregiver Series

It's back! The SCDSB math team is pleased to offer three virtual sessions for parents and caregivers of SCDSB students. These sessions will focus on practical and fun ways to support children with their mathematics learning and engagement at home. The first 200 registrants will receive a Math @Home kit of resources to use at home. Participants must pre-register for each of the sessions.

#### Exploring the New SCDSB Family Math Resources



Tuesday, Feb. 6, 2024, 7 to 8 p.m.

This session is for parents and caregivers. Join members of the SCDSB math team for a guided exploration of the new SCDSB family math resources. Participants will have the opportunity to explore the resources that are available to support their child's math learning at home. The guided portion of the session will be 45 minutes in length. During the final 15

minutes, the math team will be available to answer questions about the resources available.

#### Tips for Engaging in Math Conversations With Your Child @Home

Wednesday, Feb. 28, 2024, 7 to 8 p.m.

This session is for parents and caregivers and will explore opportunities to discuss math with their child(ren) at home. Participants will learn about how events such as shopping, preparing food, engaging in a building project, or going for a walk can be used as a starting point for math conversations, and will receive prompts to get the discussion rolling. The guided portion of the session will be 45 minutes in length. During the final 15 minutes, the math team will be available to answer questions about the session.

### Games to Support Your Child's Math Learning @Home

Thursday, April 4, 2024, 7 to 8 p.m.

This session is for parents, caregivers, and their children. Playing games at home is a great way to support child(ren)'s math development. In this session, several games will be explored, and participants will have the opportunity to try the games with their children during the session. The guided portion of the session will be 45 minutes in length followed by 15 additional minutes for further game play or to ask questions of our math facilitators. Bring your child(ren) and your math kit to this session!

Participants must pre-register for the sessions they wish to attend. Registered participants will receive a kit of hands-on resources that will be sent to the school indicated on the registration form. Use this link to register: <u>https://bit.ly/24MathAtHome</u>.

#### Mental Health Strategy of the Month - Emotion Charades

Well-being is a Strategic Priority in the Simcoe County District School Board, and our mental health and wellbeing department provides monthly strategies to support student and family well-being.

This month's strategy is *Emotion Charades*. This practice helps students practice expressing emotions with their whole body and recognize body language and facial expressions in others. To practice *Emotion Charades* at home, on slips of paper, write or draw different feelings depending on the age of your child. For instance, happy, sad, angry, scared, worried, sleepy, frustrated, etc. Place the papers in a bowl/container.

Then:

- Decide who will go first. Have that person pick a piece of paper from the bowl.
- Have them read the feeling to themselves, or, if needed, help your child read the feeling.
- Now they will act out the feeling without words while the other players try to guess what it is.

Once someone gets the right answer, it's the next person's turn to pick a piece of paper and act out the feeling. This is a fun activity that everyone in the family can play!

*Emotion Charades* link to School Mental Health Ontario parent sheet: <u>https://smho-smso.ca/online-resources/</u> <u>easy-and-fun-mental-health-activities-for-home/</u>. Find more information to support your child's mental health here: <u>https://smho-smso.ca/parents-and-caregivers/</u>

Emotion Charades:

Elementary - <u>https://smho-smso.ca/emhc/identification-and-management-of-emotions/recognizing/emotion-charades/</u>

Secondary - https://smho-smso.ca/emhcsecondary/identification-and-management-of-emotions/recognizing/ emotional-awareness/

Follow the Mental Health and Well-being social media accounts (@SCDSB\_MHWB) to see how well-being is being supported in our schools.

#### Simcoe Muskoka Family Connexions is Seeking Compassionate and Skilled Professionals With Specialized Experience to Apply to Become Foster Care Providers

The goal of this program is to meet the needs of youth through a therapeutically supported parenting approach within a structured environment, where they are supported and guided by a multidisciplinary treatment team. The youth will remain, or become connected to, their family/kin/ community whenever possible. Treatment services will be individualized based on the needs of the youth, and the knowledge of those who know the youth best in collaboration with community partners. This will allow youth to reside in a family-based setting and remain in their home community of Simcoe Muskoka, staying connected to important relationships and supports that may already be in place.

The homes approved under this strategy are designed to create clinically informed care plans that will support the youth directly, in addition to the continued support of their care providers. Youth will be supported by a multi-disciplinary team and will be available to implement and design parenting and support to address the needs of the youth.

Compensation packages will be offered to experienced foster care providers, as well as clinical support to both care providers and youth.

If you or someone you know is looking for more information or would like to apply, contact Simcoe Muskoka Family Connexions by email at <u>bruna.figliuzzi@familyconnexions.ca</u> or call <u>705-716.4664</u>.

Information provided by Simcoe Muskoka Family Connexions

